

Effective, Efficient, and Energizing Meetings

with Alexis Filippini, PhD and staff

Who?

This custom workshop is for the Family Resource Center Network of California.

This workshop is designed to support leaders who facilitate citywide meetings, focus groups, support groups, staff meetings, family meetings, and even everyday meetings among colleagues.

Why?

Prevent meetings from being swallowed up by logistical announcements, complaints without solutions, and other distractions. Instead, make the most of the limited time you have, whether you are offering training, gathering input for decision making or communicating “nuts & bolts.”

How?

Dr. Filippini will demonstrate and unpack strategies to make meetings more effective, more efficient, and even more energizing, based on research from education and business sectors. You will reflect on past meetings (as participant or facilitator) and plan future events, using universal design approaches to include more voices.

Strategies to Energize Your Meetings:

- *Using interactive structures to increase engagement and learning*
- *Embedding community building into your content*
- *Modeling best practices for inclusion*
- *Communicating important (but sometimes boring) information*
- *Managing meeting/training time efficiently*
- *Translating input into action steps*

Monday November 6, 2017

10 - 3 with a lunch break

This workshop is hands-on, so bring your notes and “to-do” lists for upcoming meetings or trainings.



Alexis Filippini has been facilitating professional development, teaching graduate courses, and leading meetings of all shapes and sizes for over ten years, first as a professor of special education and now as a non-profit leader and a consultant. Her workshops are known for their interactive strengths-based approach and rich content spanning literacy, inclusion, family support, and positive behavior. She has worked with families directly as a behavioral clinician for children on the autism spectrum and as a family literacy specialist.

More information: alexis@buildingonthebest.com or (510) 500-5380

www.buildingonthebest.com